



# Upcoming Reiki & Buddho Classes

Unlock the power of Reiki and Buddho to clear stress, break through limitations, realign your energy for success and accelerate your spiritual journey. Whether you need deep healing, clarity, or a reset, these classes will give you the tools to move forward with confidence and ease.

## March

28 <sup>th</sup> Feb – 1 <sup>st</sup> March	Buddho Level 2
7 <sup>th</sup> – 8 <sup>th</sup> March	Reiki Level 2
14 <sup>th</sup> – 15 <sup>th</sup> March	Reiki Level 3B
21 <sup>st</sup> – 22 <sup>nd</sup> March	Reiki Level 1

## April

4 <sup>th</sup> – 5 <sup>th</sup> April	Buddho Level 1
8 <sup>th</sup> -9 <sup>th</sup> & 15 <sup>th</sup> April	The Power Within
18 <sup>th</sup> – 19 <sup>th</sup> April	Reiki Level 2
25 <sup>th</sup> – 26 <sup>th</sup> April	Reiki Level 1

## May

2 <sup>nd</sup> – 3 <sup>rd</sup> May	Buddho Level 2
9 <sup>th</sup> – 10 <sup>th</sup> May	Buddho Level 1
16 <sup>th</sup> – 17 <sup>th</sup> May	Reiki Level 1
23 <sup>rd</sup> – 24 <sup>th</sup> May	Reiki Level 2
30 <sup>th</sup> – 31 <sup>st</sup> May	Buddho Level 2



Reiki & Buddho Levels 3A and 3B are arranged as needed throughout the year.

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